



PROTECTING YOUR VIRTUAL LIFE

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CISSP - CEH

1. Keep Personal Information Professional and Limited
2. Keep Your Privacy Settings On
3. Practice Safe Browsing
4. Use free Wi-Fi with caution
5. Watch out for links and attachments
6. Choose Strong Passwords or Two-Factor Authentication
7. Is Your Site Secure?
8. Be Careful What You Post, Don't Overshare
9. Disable Ad and Data Tracking
10. Enable AutoLock and Encryption on Your Phone

TOP 10 INTERNET TIPS

1. Use A Passphrase
 - For instance, a song lyric
 - Upper case, Lower case, Numbers, Special Characters
 - 12 or even 16 characters in length
2. Use Unique Passwords or Passphrases for Each Account
3. Use A Password Manager
4. Check if your password has been hacked
 - <https://haveibeenpwned.com/>

P A S S W O R D S

';--have i been pwned?

Check if your email or phone is in a data breach

slenker@psecu.com

pwned?

Oh no — pwned!

Pwned in [6 data breaches](#) and found no pastes ([subscribe](#) to search sensitive breaches)

    Donate

Breaches you were pwned in

A "breach" is an incident where data has been unintentionally exposed to the public. Using the [1Password password manager](#) helps you ensure all your passwords are strong and unique such that a breach of one service doesn't put your other services at risk.

PASSWORDS

1. Know how to report, block, and filter content
2. Personalize your privacy settings
3. Turn off geolocation
4. Use a private Internet connection
5. Talk to your friends about public posts
6. Report harassment or inappropriate content
7. Look before you click
8. Pause before you post
9. Pause before you post

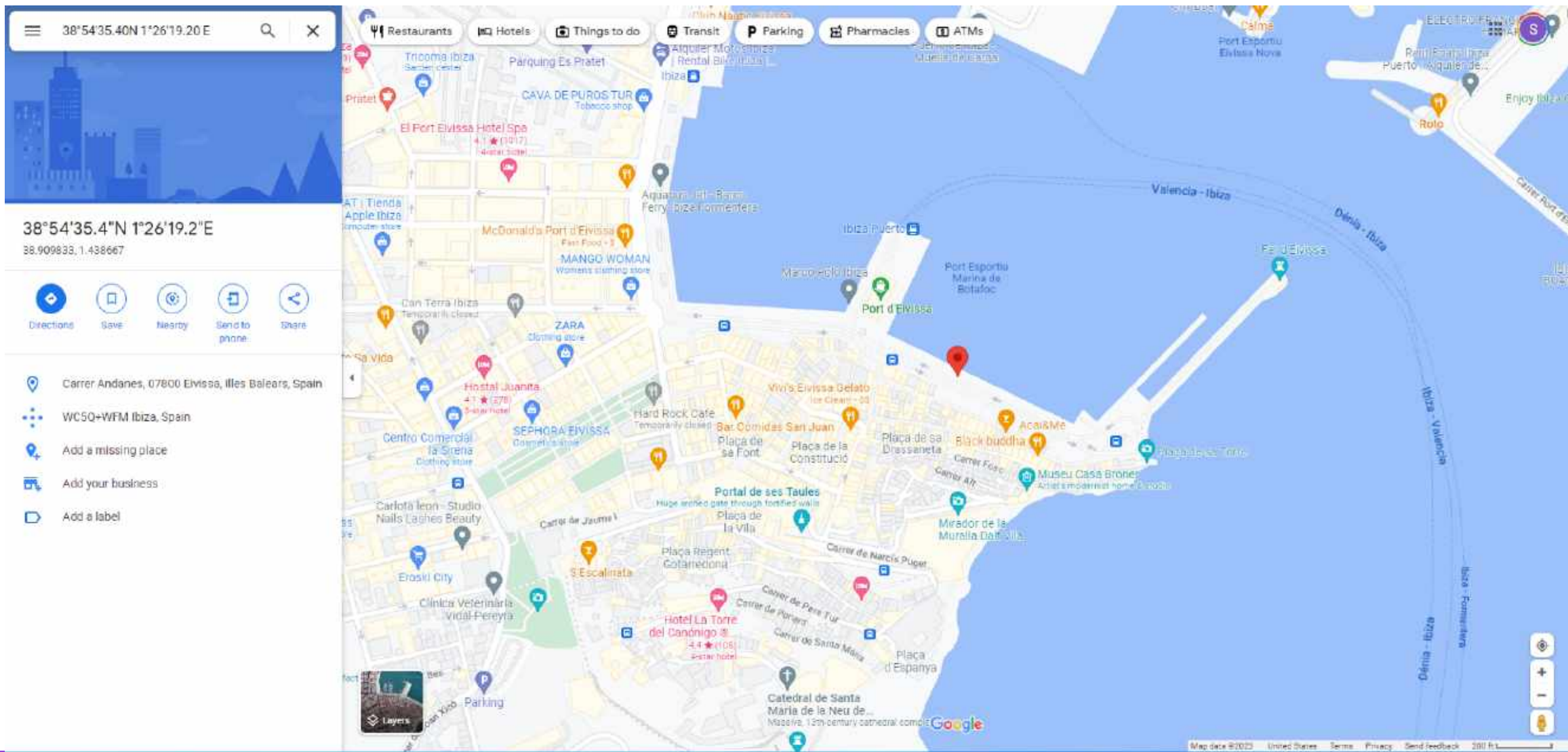
S O C I A L M E D I A



PICTURES

```
Date Created           : 2011:09:04 12:51:11
Image Width            : 1024
Image Height           : 765
Encoding Process       : Baseline DCT, Huffman coding
Bits Per Sample        : 8
Color Components       : 3
Y Cb Cr Sub Sampling  : YCbCr4:2:0 (2 2)
Aperture               : 2.8
GPS Altitude           : 0 m Above Sea Level
GPS Date/Time          : 2011:09:04 11:07:47Z
GPS Latitude           : 38 deg 54' 35.40" N
GPS Longitude          : 1 deg 26' 19.20" E
GPS Position           : 38 deg 54' 35.40" N, 1 deg 26' 19.20" E
Image Size             : 1024x765
Megapixels             : 0.783
Shutter Speed          : 1/3016
Focal Length           : 3.9 mm
Light Value            : 14.9
```

EXIFTOOL



GOOGLE MAPS